



THE LORD MAYOR OF SYDNEY
CLOVER MOORE

19 October 2016

Message from the Lord Mayor of Sydney

On behalf of the City of Sydney, I warmly welcome you to the Heartfulness Meditation Festival 2016.

The Heartfulness Institute provides simple, gradual relaxation and meditation options for people from all walks of life. I commend the Institute on making these available in venues across Sydney and Australia.

The Heartfulness Meditation Festival 2016 has a range of events including speakers, music, film and relaxation sessions, encouraging participants to explore balance, joy and peace in their lives.

Sydney is renowned for its natural beauty, its cultural life and friendly hospitality. I am pleased you have chosen Sydney for your festival.

I hope you have a wonderful and relaxing time in our beautiful harbour city and you enjoy the festival.

Yours sincerely

Clover Moore
Lord Mayor of Sydney